## Barbara Dametto Artist Biography 2017

Barbara (Eva) Dametto is a visual artist, dancer, actor/playwright, expressive arts practitioner and educator. She received her formal education at the University of Waterloo (B.A. dance, kinesiology, theatre), York University (B. Ed. fine arts education), and Fleming College (expressive arts). Over the years she has worked in Toronto, Port Hope, Peterborough and Bancroft as a dancer, choreographer, painter, actor, clown, school teacher and yoga/meditation instructor.

What inspires and motivates Barbara to create visual art is her desire to allow spirit to move through her without judging, directing or predetermining the outcome. Her bold and colorful images flow onto the canvas with the use of acrylic paint and mixed mediamostly found in nature. Her work can be described as intuitive expressions of personal impressions, experiences and dreams. Her paintings are not a destination but rather a journey inward. Barbara's work illuminates her belief that when one is in alignment with what excites them most- creativity flows effortlessly and endlessly.

Barbara's work has recently been exhibited at Silence Studio in Guelph (solo show January 2017) and the Art Gallery of Bancroft (Landscapes of the Spirit, September 2015) where she co exhibited with two other Canadian artists. She is also the recipient of several awards of honourable mention for two dimensional designs in recent juried shows at the Art Gallery of Bancroft.